

## **Mentorship Projects**

### *Distributed to residents at the Transition to Residency Workshop*

Mentoring is a key factor in the future success of trainees and indeed all professionals, regardless of what stage they might be at in their career path. This year, I identified that assisting junior trainees to find a faculty mentor was to be a key priority within the Program.

With this in mind, I provide you with the following exercise. This exercise should be considered a requirement and I anticipate that you will treat this request as such. You may not be permitted to graduate to the PGY3 class until successful completion of this project. The work product from this project will become a permanent part of your residency training file and you should consider including any resulting product in your CanMeds portfolios (more on that later).

Within the first 18 months of your residency, you are required to self-identify a faculty mentor. This could be any surgeon working in any U of T affiliated hospital. With this faculty mentor, you will complete one of the following:

1. Write and submit a case report (Scholar +/- other)
2. Develop and initiate implementation of a quality assurance project (Manager + Scholar . . .)
3. Develop and initiate implementation of a clinical protocol (Manager + Scholar . . .)
4. Identify and develop a solution to a patient safety concern (Health Advocate + Manager. . .)
5. Participate in the design, development or implementation of an educational intervention, workshop, or curriculum (Scholar, Manager, Communicator . . .)
6. Other

I encourage you to think broadly about this. Do not feel limited and remember that no idea is too small. If you have questions, let me know. Remember, the objective is to help you identify and participate in a productive manner in a mentoring relationship.